

April 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 <i>Good Friday</i>	3
4 <i>Easter</i>	5	6 <i>Task 4: Nutrition 9-1pm</i>	7 <i>Task 4: Nutrition 9-1pm</i>	8 <i>Task 4: Nutrition 9-1pm</i>	9	10
11	12	13 <i>Computer Applica- tions 5-10pm Task 6—Recovery 11-2pm</i>	14 <i>Task 12— Periodiazion 9-2pm</i>	15 <i>Task 6—Recovery 11-2pm</i>	16 <i>Task 10— Biomechanics 9-12pm</i>	17
18	19 <i>Task 10— Biomechanics 9-12pm</i>	20 <i>Computer Applica- tions 5-10pm</i>	21 <i>Task 10— Biomechanics 9-12pm</i>	22 <i>Task 4: Nutrition 9-3pm</i>	23	24 <i>Task 17-Leadership 9-5pm</i>
25	26 <i>Task 6—Recovery 11-2pm</i>	27 <i>Task 17-Leadership 9-2pm</i>	28 <i>Task 6—Recovery 11-2pm</i>	29 <i>Task 17—Leadership 9-2pm</i>	30	

May 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 <i>Task 16—LTAD 9-5pm</i>
2 <i>Task 16—LTAD 9-5pm</i>	3	4	5	6	7	8
9 <i>Mothers' Day</i>	10 <i>Task 10— Biomechanics 9-12pm</i>	11	12 <i>Task 10— Biomechanics 9-12pm</i>	13	14 <i>Task 10— Biomechanics 9-12pm</i>	15
16	17	18	19	20	21 <i>Task 10— Biomechanics 9-12pm</i>	22
23	24 <i>Victoria Day</i>	25	26 <i>Task 7—Psyc for Coaches 10-2pm</i>	27	28 <i>Task 7—Psyc for Coaches 10-2pm</i>	29
30	31					

June 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Task 7—Psyc for Coaches 10-2pm</i>	2	3 <i>Task 7—Psyc for Coaches 10-2pm</i>	4	5
6	7	8	9	10	11	12
13	14 <i>Task 8—Psyc for Athletes 10-2pm</i>	15	16	17 <i>Task 8—Psyc for Athletes 10-2pm</i>	18	19
20	21 <i>Task 8—Psyc for Athletes 10-2pm</i>	22	23	24 <i>Task 8—Psyc for Athletes 10-2pm</i>	25	26
27	28	29	30			

July 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>Canada Day</i>	2 <i>Stampede Parade</i>	3
4	5	6	7	8	9	10
11 <i>Stampede Ends</i>	12 <i>Task 1—Energy Sys- tems 9-12pm</i>	13	14 <i>Task 1—Energy Sys- tems 9-12pm</i>	15	16 <i>Task 1—Energy Sys- tems 9-12pm</i>	17
18	19	20 <i>Task 1—Energy Sys- tems 9-12pm Task 2—Strength Training 1-4pm</i>	21	22 <i>Task 1—Energy Sys- tems 9-12pm Task 2 Strength Training 1-4pm</i>	23	24
25	26 <i>Task 2—Strength Training 1-4pm</i>	27	28 <i>Task 2—Strength Training 1-4pm</i>	29	30 <i>Task 2—Strength Training 1-4pm</i>	31

August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Civic Day</i>	3	4	5	6	7
8	9	10 <i>Task 6—Prevention and Recovery 9-2pm</i>	11	12 <i>Task 6—Prevention and Recovery 9-2pm</i>	13	14
15	16	17	18 <i>Task 6—Prevention and Recovery 9-2pm</i>	19	20	21
22	23	24	25	26	27	28
29	30	31				